

Collection Of Am Poems To Affirm You Daily

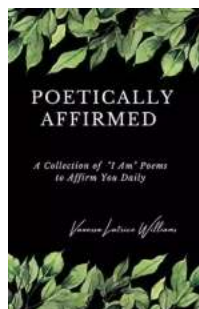


of language. In this article, we present a collection of "Am" poems that will affirm you daily.

1. Am Bold



by determination and unwavering belief. With every step, I pave my own path, Unafraid to stand tall and proud.



POETICALLY AFFIRMED: A Collection of "I Am" Poems to Affirm You Daily

by Francisca Orellana Polanka([Print Replica] Kindle Edition)

★★★★★ 5 out of 5

Language : English

File size : 5981 KB

Screen Reader: Supported

Print length : 65 pages

Lending : Enabled



Let these words be a reminder that you possess immense strength within you. Embrace your boldness and let it guide you towards achieving your aspirations.

2. Am Resilient



May this poem serve as a reminder of your ability to bounce back from any setback. You have the strength to overcome obstacles and emerge stronger than before.

3. Am Loved



the arms of love, I find solace, A space where I am free to be me. I am worthy of love, unconditional and pure, For within me resides a heart full of love.

Allow these words to remind you of the love that surrounds you, both from others and from within yourself. You are deserving of love and capable of giving it in abundance.

4. Am Grateful



Am grateful, a soul filled with appreciation, Finding joy in life's simplest pleasures. Gratitude flows through every fiber of my being, Creating a feeling of abundance and contentment. Each day brings new reasons to be thankful, From the warmth of the sun to the smile of a stranger. In gratitude, I find peace and serenity, Embracing the present moment with open arms.

Take a moment to reflect on the things you are grateful for. Let gratitude fill your heart and bring you a sense of peace.

5. Am Free

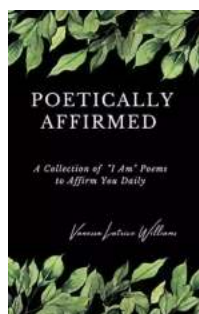


Am free, a bird soaring in the sky, Unbound by limitations, exploring new horizons. Unshackled from the chains of doubt and fear, I embrace liberation with open wings. The wind carries me to places unknown, Where dreams come alive and possibilities unfold. I am free to create my own destiny, Guided by my passions and desires.

Let these words remind you of your freedom to chase your dreams and create a life of your choosing. Embrace the boundless possibilities that lie ahead.

These "Am" poems are designed to uplift and affirm you daily. They serve as a reminder of your strength, resilience, worthiness of love, gratitude, and freedom. Use these affirmations to begin your day on a positive note, carry them with you throughout the day, and revisit them whenever you need inspiration or reassurance.

Remember, words have the power to shape our reality. By embracing these affirmations, you can cultivate a positive mindset and approach each day with renewed confidence. Allow the power of poetry to guide you on your journey of self-discovery and affirmation.



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The words we say about ourselves are so much more important than what others say or even think about us. There is something about the breath released from our lips that can either create or destroy our lives. Through “Poetically Affirmed,” you will be able to speak positive and life changing statements over yourself that will begin to reprogram your subconscious mind, encouraging you to believe certain things about your life and the world around you. According to Psychology Today, this is the power behind

affirmations and can be used to truly create the reality you want. When I wrote this book, I did not believe what I was writing. I was in a place of despair and sorrow but knew I did not want to stay there. Through the encouragement, love and support of a close friend and God, I was able to write; not from a place I was in but from a place I desired to be. I was being healed, transformed and encouraged through every stroke of my pen and this same desire I have for you! Maybe through your lenses all you see is sorrow, disappointed, discouragement and hopelessness. The life you are living, isn't the life you want and if you're honest, you don't like the person in the mirror. But this does not have to be a permanent place of residency. You can change locations at any time and time is now. Maybe at first these affirmations will seem to be an idea of what you desire to feel about yourself or others. But as you daily read, let the words penetrate the inner most parts of your soul, transforming you from the inside out. You are meant to change the world and it all starts with the words you speak over yourself.



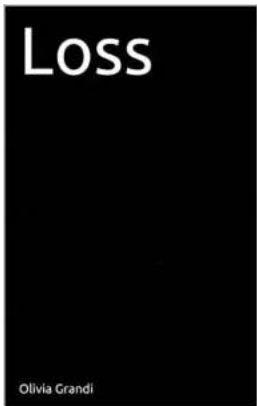
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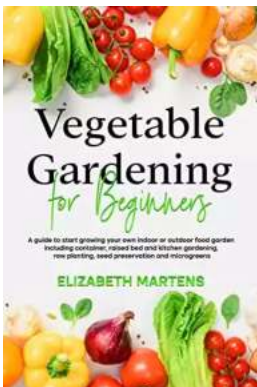
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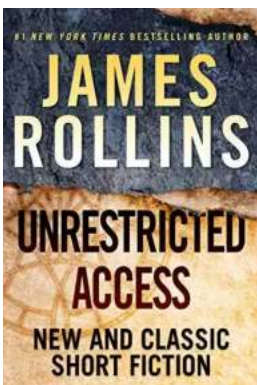
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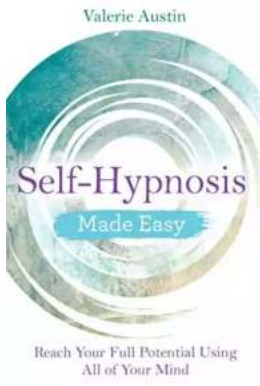
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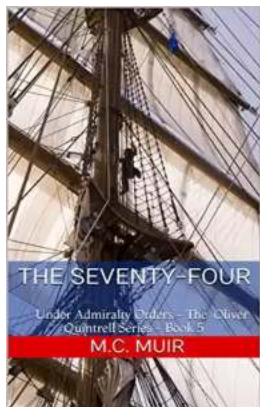
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