

Reflections of a Medical Surgical Nurse: The Patient - Short Poems



Being a medical surgical nurse is not just about providing physical care to patients. It involves forming deep connections with them, understanding their fears, hopes, and struggles. It's a profession that demands empathy,

compassion, and a genuine desire to make a difference in people's lives. These reflections are a collection of short poems that explore the emotional journey of a medical surgical nurse, focusing on the patient experience.

The Silent Tears

As I walk through these sterile halls, I witness stories untold. Faces etched with pain, Bodies surrendering to the cold.



Reflections of a Medical-Surgical Nurse; The Patient; Short Poems by Sarah Ochieng BSN RN CMSRN(Kindle Edition)



4.8 out of 5

Language	: English
File size	: 1529 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Screen Reader	: Supported
Print length	: 9 pages
Paperback	: 28 pages
Item Weight	: 14 ounces
Dimensions	: 5 x 0.07 x 8 inches



But oh, the silence screams, And my heart aches in dreams.

I hold your hand, trembling and frail, Whispers of comfort, words of hope. A fleeting smile amidst the tears, A testament to your strength and scope.

But oh, the silence screams, And my heart aches in dreams.

The Battle Within

Your body fights a war unseen, A battle waged without a sound. With every beep, with every breath, A battlefield where strength is found.

But oh, the silence screams, And my heart aches in dreams.

I watch as you rise and fall, In this dance of life and pain. I stand beside, fighting with you, Offering solace amidst the strain.

But oh, the silence screams, And my heart aches in dreams.

A Window to the Soul

In moments of vulnerability, You show me raw emotions, untamed. Secrets whispered in hushed tones, Trust built, bridges unclaimed.

But oh, the silence screams, And my heart aches in dreams.

I hold your stories close to heart, Though I may not always understand. But in your eyes, I see strength and grace, A reflection of the human spirit so grand.

But oh, the silence screams, And my heart aches in dreams.

Healing Through Connection

Through the pain, we find our way, Hand in hand, a sacred bond. I may be your nurse, you my patient, Yet together, we fiercely respond.

But oh, the silence screams, And my heart aches in dreams.

When the dark clouds slowly clear, And the sun begins to shine, I celebrate your victories, big and small, Your strength, a testament divine.

But oh, the silence screams, And my heart aches in dreams.

The Unseen Heroes

We may be just faces you pass by, In this moment, temporarily intertwined.
But know that we carry your stories, In our hearts, forever enshrined.

For in this dance of life and death, We are the unseen heroes, you see.
And through it all, we find solace, In the impact we make, in setting you free.

So, dear patient, dear friend, Let your stories be our guiding light. We'll hold
your hand through every storm, Till the darkness turns into daylight.

Reflections of a medical surgical nurse reveal the profound impact patients have on their caregivers. It's a delicate dance of empathy, understanding, and compassionate care. Through these short poems, the emotional journey of a medical surgical nurse is depicted, captured within the silence and woven into the very fabric of their being.

These reflections serve as a reminder of the resilience and strength of the human spirit, both in patients and healthcare professionals. It is a tribute to the tireless work of medical surgical nurses who go above and beyond to provide the best care possible.

So, the next time you encounter a medical surgical nurse, take a moment to appreciate the unsung heroes who make a difference in the lives of those in need. Their reflections echo in the halls of hospitals, carrying the stories of the silent as they continue to heal, one patient at a time.



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Reflections of a Medical-Surgical Nurse is a collection of poems written by a nurse about everyday interactions with patients. This reflective book, though light and easy to read, offers an insight into some of the essential aspects of patients and patient care in a subtle way. A compilation of poems not only for nurses, but also a thoughtful read for all.

Caring for patients is a privilege. They entrust their lives to clinicians during some of their most vulnerable times. Each one of them deserves excellent care. It is not a one-person mission; it takes a whole team. Patients may not always say it, but they never forget the kind of care they received.



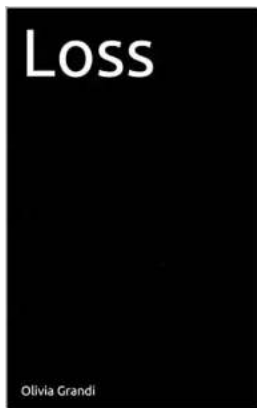
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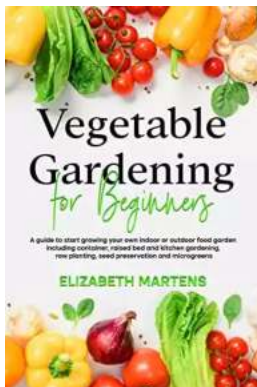
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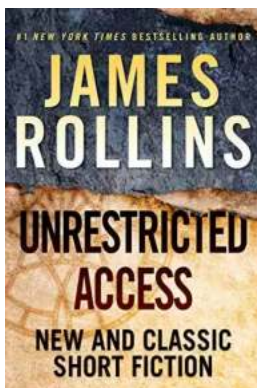
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