Why These Types Of Relationships Never Work

In the realm of relationships, there are certain dynamics that simply do not stand the test of time. These types of relationships may seem exciting or fulfilling at the beginning, but ultimately they are destined to fail. In this article, we will explore why these relationships never work and the warning signs to look out for.

1. The "Opposites Attract" Relationship

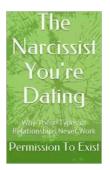
We've all heard the saying, "opposites attract." While this may sometimes be true in terms of initial attraction, it often leads to long-term conflict. When partners have drastically different values, interests, or lifestyles, it becomes difficult to find common ground and sustain a healthy relationship. It's important to have some shared interests and goals to keep a relationship strong and fulfilling.

2. The "Fixer-Upper" Relationship

Some individuals are drawn to the idea of "fixing" or "saving" their partner. While it may seem noble, this type of relationship is ultimately unhealthy. It puts one partner in a position of power, and the other partner may feel inadequate or like they are constantly failing. Additionally, attempting to change someone else often leads to resentment and frustration.

The Narcissist You're Dating: Why These Types of Relationships Never Work by CJ Hernley(Kindle Edition)

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Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 6 pages
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3. The "On-and-Off" Relationship

On-and-off relationships are characterized by frequent break-ups and reconciliations. While the intense highs and lows may initially seem thrilling, they ultimately take a toll on both partners' emotional well-being. The lack of stability and constant uncertainty can lead to feelings of anxiety and insecurity. Healthy relationships are built on trust, consistency, and mutual respect.

4. The "Codependent" Relationship

In a codependent relationship, one or both partners rely heavily on each other for emotional support and validation. While support is an important aspect of any relationship, codependent dynamics can become toxic. Both partners may lose their sense of individuality, and the relationship becomes the sole source of happiness and self-worth. Codependent relationships lack the healthy boundaries necessary for personal growth and fulfillment.

5. The "Impossible Standards" Relationship

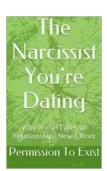
Some individuals enter relationships with impossible standards and expectations. They may have unrealistic ideas about their partner or the relationship itself. This puts immense pressure on both partners and sets

them up for disappointment. Healthy relationships involve acceptance and compromise, understanding that perfection is unattainable.

6. The "Emotionally Unavailable" Relationship

Emotional unavailability is a common issue in relationships. These partnerships are characterized by one partner who struggles to express or reciprocate emotions. While the challenge of breaking through emotional barriers may seem enticing, it can be exhausting and frustrating in the long run. Emotional availability and openness are crucial for a healthy and fulfilling relationship.

While these types of relationships may seem enticing or exciting at first, they ultimately do not work because they lack the necessary foundations for a healthy and fulfilling partnership. These warning signs can help individuals identify problematic dynamics in their relationships and strive for something more meaningful and long-lasting. It's important to remember that a successful relationship requires effort, communication, and mutual respect.

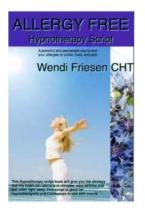


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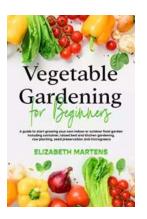
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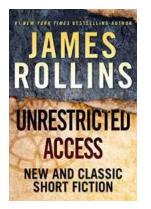
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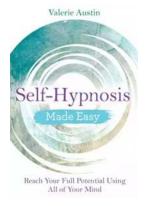
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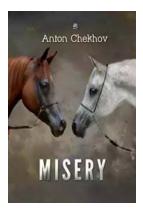
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